

# DISABILITY NETWORK DIRECTORY

## Counseling

### Center for Caregivers

#### Washington, DC Office

Dr. Rene Laje, Director  
5415 Connecticut Avenue, NW, #T43  
Washington, DC 20015  
E-mail: [renelaje@yahoo.com](mailto:renelaje@yahoo.com)

#### Chevy Chase Office

5480 Wisconsin Avenue, #228  
Chevy Chase, MD 20815  
301-455-4149 (V)  
[www.centerforcaregivers.com](http://www.centerforcaregivers.com)

Individual counseling and therapy groups for caregivers of infants and babies, children with health issues, and older adults. Home visits are available to those who are unable to leave their homes. Many insurances accepted, including Medicare.

### Center for Counseling and Neurofeedback

Donna Troisi, LCSW-C

#### Urbana Office

The Landon House  
3401 Urbana Pike  
Urbana, MD 21704

#### North Potomac Office

Quince Orchard Medical Park  
11908 Darnestown Road, Suite C  
N. Potomac, MD 20878  
240-281-8319 (V)  
E-mail: [dmt\\_lcsw@yahoo.com](mailto:dmt_lcsw@yahoo.com)

For individuals, couples, and families. Counseling for individuals with autism, impulse control disorders, child or adolescent issues, anxiety or fears, parenting, and more. Also provide neurofeedback training. Accept Autism Waiver.

### Commission for Women Counseling & Career Center

401 Hungerford Drive, 1<sup>st</sup> Floor  
Rockville, MD 20850  
240-777-8300 (V)  
301-279-1034 (TTY)  
E-mail: [cfw@montgomerycountymd.gov](mailto:cfw@montgomerycountymd.gov)  
[www.montgomerycountymd.gov/cfw](http://www.montgomerycountymd.gov/cfw)

Offer short-term goal-oriented individual, marriage/couples, and career counseling provided by a professional staff consisting of licensed social workers, licensed counselors, and other mental health professionals. Counseling sessions are 50 minutes and the cost is \$50. A sliding scale discount may be available for Montgomery County residents. Call to schedule an appointment. Counseling in Spanish is available on a limited basis.

### Developmental Directions

Jill Ginsberg  
15611 Ambiance Drive  
North Potomac, MD 20878  
301-963-1704 (V)  
E-mail: [developmentaldirections@yahoo.com](mailto:developmentaldirections@yahoo.com)  
Counsel parents who have children with disabilities.

### Gates, Amy, LCSW-C, MSW

8929 Shady Grove Court  
Gaithersburg, MD 20877  
240-602-6343 (V)  
E-mail: [amyhgates@verizon.net](mailto:amyhgates@verizon.net)  
Psychotherapist. Counsels parents who have children with disabilities. Sliding scale. Medicare.

### Hollander, Michele, Psy. D.

16220 Frederick Rd, Suite 512  
Gaithersburg, MD 20877  
301-990-0131 (V)  
E-mail: [michelehollander@msn.com](mailto:michelehollander@msn.com)  
Psychologist. Behavioral therapist. Autism Waiver.

### House Calls, LLC

Beth Albaneze, MA, CTRS, CPRP  
18301 Darnell Drive  
Olney, MD 20832  
301-346-6732 (V)  
E-mail: [callingonbeth@verizon.net](mailto:callingonbeth@verizon.net)  
[www.callingonbeth.net](http://www.callingonbeth.net)

Work with individuals from children to seniors in areas of grief, trauma, life coaching and disability issues. Provide crisis intervention; community integration techniques; issues with transition of aging parents and homebound individuals suffering from phobias and/or chronic problems.

### Independence Now, Inc. (IN)

12301 Old Columbia Pike, Suite 101  
Silver Spring, MD 20904  
301-277-2839 (V)  
1-888-214-2765 (TTY)  
E-mail: [info@innow.org](mailto:info@innow.org)  
[www.innow.org](http://www.innow.org)  
Serve individuals with disabilities in Montgomery and Prince George's Counties. Peer counseling offered by Independent Living Specialists that serve as role models, assist with self exploration, assist with self-directed goals setting and achievement, direct consumers to appropriate services and programs, serve as advocates, and plan recreational events that integrate individuals with disabilities with their non-disabled peers. Also offer [peer mentoring and support](#) to individuals who have

*Montgomery County Government does not endorse or assume responsibility for any product, method, service or treatment listed in this resource directory that is not a County program.*

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240-777-1246 (V) • MD Relay 711 • [Carly.Clem@montgomerycountymd.gov](mailto:Carly.Clem@montgomerycountymd.gov)

expressed a desire to leave nursing homes and move out into the community.

**Kaufman, Nan, LCSW-C**

4400 East West Highway, Suite 720

Bethesda, MD 20814

301-986-9020 (V)

Coach/Counselor/Advocate for parents who have a child who is newly diagnosed with a disability and/or for on-going supports.

**Riebman, Jeffrey E., LCSW-C**

912 Thayer Avenue, Suite 209

Silver Spring, MD 20910

301-509-1581 (V)

E-mail: [hjrieb@msn.com](mailto:hjrieb@msn.com)

Counseling for visual impairment, chronic illness and disability.

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